

Manual Pack Sizing Instructions Test

HOW TO FIND YOUR OSPREY PACK SIZE

1. Locate your C7 vertebrae (the bony bump at the base of your neck)
2. Locate your iliac crest (your "hip shelf")
3. Measure the length between the C7 vertebrae and the iliac crest

For all manual pack sizing instructions, visit our sizing & fitting pages.

MEN'S

MEASUREMENTS		PACK SIZE
38 - 48.5 cm	15 - 19 Inch	SM
46 - 53.5 cm	18 - 21 Inch	MD
51 - 60 cm	20 - 24 Inch	LG
38 - 51 cm	15 - 20 Inch	S/M
46 - 60 cm	18 - 24 Inch	M/L
43 - 50.5 cm	17 - 20 Inch	S/M (New)
48 - 58.5 cm	19 - 23 Inch	L/XL (New)

WOMEN'S

MEASUREMENTS		PACK SIZE
35 - 37.5 cm	14 - 15 Inch	XS
38 - 48.5 cm	15 - 19 Inch	SM
46 - 53.5 cm	18 - 21 Inch	MD
51 - 60 cm	20 - 24 Inch	LG
38 - 51 cm	15 - 20 Inch	S/M
46 - 60 cm	18 - 24 Inch	M/L